

# GIVING BACK TO GOD

## Serve in ministry

Please check the ministries that you are interested in and return this form as soon as possible to the parish office (if you have not already submitted a form or you are interested in different ministries). Fax, email, mail, place in box in the Narthex or drop in collection basket. **Ministries in boldface are in need of immediate help; ministries in pink are family friendly.** Parishioners can serve at either or both parishes. Please note that the frequency for serving in a ministry is reduced as more people volunteer.

### LITURGICAL MINISTRIES

- |   |   |
|---|---|
| <input type="checkbox"/> Altar Guild - wash linens used for Mass, prepare Altar with proper liturgical colors, wash/clean vestments as needed   | <b>FREQUENCY</b><br>as needed   |
| <input type="checkbox"/> <b>Altar Servers-Youth:</b> children in grades 5 and up assist the presider at Mass  | 1.5 hours twice a month at preferred Mass                               |
| <input type="checkbox"/> <b>Altar Servers- Adult Acolyte:</b> adults assist the presider at funeral Masses, special celebrations, and serve as Master of Ceremonies if needed             | 1.5 hours as needed   |
| <input type="checkbox"/> <b>Baptism Ministers:</b> set out items for Baptism & assist family as needed  | 1.5 hours as needed for Baptisms  |
| <input type="checkbox"/> <b>Children's Liturgy of the Word (CLOW):</b> proclaim Gospel at a child's level   | 20 minutes every 4-6 weeks at both Sunday Masses or your preferred Mass |
| <input type="checkbox"/> <b>Coffee &amp; Donuts:</b> set up coffee and serve donuts at 9:00 Mass or serve and and cleanup at the 11:00 Mass   | 1 hour/once every 8 weeks at preferred Mass                             |
| <input type="checkbox"/> <b>Environment and Art:</b> arrange flowers & greenery in the church & Narthex   | 2 hours every 4-6 weeks Friday or Saturday                              |
| <input type="checkbox"/> <b>Extraordinary Ministers of Holy Communion:</b> assist in the distribution of communion at Mass and/or bring communion to the <b>homebound (critical need)</b> | 20 minutes at preferred Mass  |
| <input type="checkbox"/> <b>Greeters-Ushers:</b> greet people before Mass, take up collections, provide direction at communion, hand out bulletins, create a welcoming atmosphere         | 1.5 hours at preferred Mass   |
| <input type="checkbox"/> <b>Lectors:</b> proclaim the Word of God at Mass   | 20 minutes at preferred Mass  |
| <input type="checkbox"/> Liturgical Arts: explore new art/promote existing art to enhance our parish  | varies – approximately once every 2 months                              |
| <input type="checkbox"/> <b>Music (Cantors, Choir, Instrumentalists):</b> lead our community in sung prayer   | as you are available  |
| <input type="checkbox"/> <b>Nursery:</b> care for children under 4 while parents attend Mass  | 1.5 hours every 4-8 weeks at preferred Mass                             |
| <input type="checkbox"/> <b>Sacristan:</b> set up/put away liturgical items needed for Mass   | 1 hour at preferred Mass  |

### OUTREACH MINISTRIES

- |  |   |
|--|---|
| <input type="checkbox"/> <b>Communion to the Homebound:</b> bring communion to the sick/homebound  | <b>FREQUENCY</b><br>as you are able                         |
| <input type="checkbox"/> <b>Elizabeth Ministry:</b> provide support during pregnancy, birth, adoption or loss  | as needed   |
| <input type="checkbox"/> <b>Good Samaritan Drivers:</b> provide rides to Mass or doctor's appointments   | varies – currently less than once a month                   |
| <input type="checkbox"/> Grief Ministry: support those grieving through letters & meetings; help at funerals   | letters – varies; meetings once a month; funerals as needed |
| <input type="checkbox"/> <b>Martha Mary:</b> cook/bake at home and/or help serve at funeral receptions   | as you are able   |
| <input type="checkbox"/> Prayer Shawl: knit shawls/pray for parishioners in need of comfort  | as you are able   |
| <input type="checkbox"/> Prayer Line/Chain: pray for specific intentions and requests for those in need  | varies  |
| <input type="checkbox"/> Prison Ministry: work with area prisons to help the incarcerated  | varies  |
| <input type="checkbox"/> <b>Respect Life:</b> advocate for all aspects of the Church's Teachings on the dignity of human life at all stages                            | varies/ as you are able                                     |
| <input type="checkbox"/> <b>St. Vincent de Paul:</b> provide help to the needy in various ways   | varies  |
| <input type="checkbox"/> <b>Helping Hands Christmas Project-Angel Tree:</b> cut and string ornaments, help with ornament sign-outs; sort and box on collection weekend | seasonal  |

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### OUTREACH MINISTRIES CONTINUED

- Middletown Valley People Helping People( MVPHP): various projects
- Brunswick Ecumenical Committee on Needs (BEACON): various projects
- Meals on Wheels: deliver meals to the needy homebound
- Homeless Shelter, Frederick: serve in various ways

### FREQUENCY

varies  
varies  
weekly as you are able  
3 times a year as you are able

### PARISH SUPPORT

- Bulletin Stuffer: place additional inserts in bulletin as needed
- Cemetery Care: keep the cemetery free of debris
- Church Cleaning: dust, vacuum or clean mirrors and doors
- Horticulture: water plants in the church, help with repotting once a year
- Landscape-Yard-Lawn**: water, weed gardens, plant new shrubs or flowers
  
- Office Volunteers**: answer phones; light office tasks; be the face of welcome at the front desk in the parish office
- Welcome Committee: maintain a program to welcome new parishioners via phone and socials
- Fundraising: organize committee to sell tickets, collect money and oversee fundraising events
- Grounds/maintenance: help with minor repairs of buildings
- Parish Photographer: photograph events as needed

### FREQUENCY

once a week  
once a week  
1-2 hours/once a month  
1.5 hours once a month during the week  
help during the week at your convenience or scheduled workdays  
3-4 hours/week, bi-weekly or as you are able  
  
socials once a month at Coffee & Donuts;  
phone calls vary  
help with various events as you are able  
  
as needed  
as needed

### FAITH FORMATION MINISTRIES

- Alpha team: be a table leader or host; help with food
- Baptism prep: instruct Baptism class for new parents
- Catechists K-8: teach the Catholic faith to children in grades K-8
- Assistants/Chaperones grades K-12: assist/chaperone during class/events
- Confirmation Prep: assist with retreat/classes during prep process
- Eucharist & Reconciliation Prep: assist with workshops for children
- RCIA: work with adults studying to become Catholic
- TYM Advisors: work with teens to deepen their faith
- Help with Family Events: assist the Faith Formation team with Advent and Lenten events - plan, set up, help at event, clean up
- Vacation Bible School: help plan and implement; lead a small group; assist in a small group; lead arts and crafts or snack station

### FREQUENCY

weekly while Alpha sessions are taking place  
once or twice a year  
2 hours a week during the school year  
varies  
  
several hours a month  
help at workshops (2 hours each)  
2 hours once a month, evenings or during Mass  
2 hours twice a month during the school year  
2 hours once or twice a year  
  
varies

### OTHER

*Make a commitment to take the next step in giving; God will never be outdone in generosity.  
We commit to being good stewards of your generous gift.*